**Smart Practice: Further Resources**

Websites & Podcasts

**Brain Rules** by John Medina: [**http://www.brainrules.net/about-brain-rules**](http://www.brainrules.net/about-brain-rules)

A playful and informative approach with lots of short explanatory videos and graphs.

**UCLA Bjork Learning and Forgetting Lab:** <http://bjorklab.psych.ucla.edu/research.html>

An informative trove of summaries of research and short videos with Professor Bjork, a master of recent research on learning and forgetting.

**The Science of Smart:** American Radio Works: Radio Documentary (54 mins.):

[**http://www.americanradioworks.org/documentaries/the-science-of-smart/**](http://www.americanradioworks.org/documentaries/the-science-of-smart/)

Brain-based Guides & Articles for Educators

**How to Use Retrieval Practice to Improve Learning** by Agarwal, Roediger, McDaniel, McDermott (2013): [http://psych.wustl.edu/memory/Roddy%20article%20PDF's/RetrievalPracticeGuide.pdf](http://psych.wustl.edu/memory/Roddy%20article%20PDF%27s/RetrievalPracticeGuide.pdf)

**Why Flunking Exams is Actually a Good Thing** in the New York Times by Benedict Carey (2014): <http://www.nytimes.com/2014/09/07/magazine/why-flunking-exams-is-actually-a-good-thing.html>

**The Science of Learning** *by* Deans for Impact (2015): <http://www.deansforimpact.org/the_science_of_learning.html>

**Strengthening the Student Toolbox** in American Educator by John Dunloskey(2013): <http://files.eric.ed.gov/fulltext/EJ1021069.pdf>

Books

**Make It Stick: The Science of Successful Learning** by Brown, McDaniel, McDermott (2014): <http://makeitstick.net/index.php>

**Multiple Pathways to the Student Brain: Energizing and Enhancing Instruction** by Janet Zadina (2014): <https://www.amazon.com/Multiple-Pathways-Student-Brain-Instruction/dp/1118567617>